

Our History

American DanceWheels is an artistic organization that trains individuals with disabilities, their able-bodied partners, ballroom dance teachers and occupational, physical, and recreational therapists the art of Wheelchair Ballroom and Latin Dancing. Seminars for professional dance teachers and therapists are held so that this method of wheelchair dancing can be taught to wheelchair users in all communities.

American DanceWheels' founders and their dancers have been developing and performing wheelchair partner dancing for over ten years and have received national recognition for innovation and work to enhance the lives of people with ambulatory disabilities.



American DanceWheels
is
Available for Performances

Our organization has danced for countless audiences with rave reviews coming from people with and without disabilities. Our performers employ the language of dance to break down the social barriers that exist between people with and without disabilities.



ADF Demonstration at
Kutztown University



Reesa and Dan Marchetti at
an ADF Class at the Atrium
Dance Studio in N.J.



Rob Hansberry & Carrie Barber
Perform at the NJ State Open



ADF Students at Widener
Memorial School

**Jenna
Kremer**

**The
Inspiration
Behind
American
DanceWheels
Foundation**

**1985—2007
We Dance...**



American DanceWheels Foundation, Inc.



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EVERYONE CAN DANCE !!!

American DanceWheels Foundation (ADF)
is the Home of the First American Style
Wheelchair Ballroom and Latin Dance
Program in the World

Our mission is to provide people of all ages
and abilities the opportunity to partner
dance by pairing one person with an
ambulatory disability with an able-bodied
partner.



**American
DanceWheels
Foundation**

ADF's Social Dance Program is Designed For...

Individuals

Yes, People Using Wheelchairs Can Dance With A Partner!

American DanceWheels Foundation (ADF) has developed a book of dance steps for you. The steps have been written for one standing partner and one person using a manual or power wheelchair.

Men learn to lead their partners and women learn to follow so that you are able to dance with anyone, anywhere, anytime.





Adaptive Recreational Professionals

Community

American Style Wheelchair Ballroom and Latin Dancing offers an excellent alternative to sports activities. The use of standing partners helps to bring friends and family together and involve them in activities. It can also bring the local community into the recreation centers.

Social Activity

Dancing is a mainstream, everyday activity. Participants can take the skills outside of the recreation center and use them in their everyday lives.

Schools and Universities

Public Schools

American Style Ballroom and Latin Wheelchair Dancing can be used as a physical education curriculum for students with disabilities. It removes the isolation that many other activities create since it requires a mix of these students with able bodied partners.

American DanceWheels is currently teaching in the Philadelphia School District offering the training and skills needed to make wheelchair dancing a viable option to their students. It also encourages integration of disabled students with others in the school and the community overall.

Universities

American DanceWheels is proud to announce that we have developed the first accredited course in Wheelchair Ballroom and Latin Dance in the United States. This course was originally made possible through a \$10,000 Quality of Life Grant from The Christopher and Dana Reeve Foundation. This program premiered in February, 2008 and is developing new seated and standing wheelchair dancers every semester.

Students at University of Delaware and Temple University participate as standing partners and learn a new set of skills which can be used in careers such as physical and occupational therapy, adaptive recreation and dance instruction.

Step, Step, Roll, Roll !!

Classes are being held in many areas including:

- Delaware
- Pennsylvania
- Maryland
- Connecticut
- Canada
- California
- North Carolina
- New Jersey

With More Locations
Coming Soon!

Call today for details.
215-588-6671

Physical & Occupational Therapists

Dance is an excellent activity for physical and occupational therapy. It improves strength, balance, coordination, posture, head control, wheelchair acumen and so much more.

Dance helps to make rehab fun. In addition, the participants can continue their 'therapy' with family members and friends therefore improving their skills and recovery even further.

Moss Rehabilitation in Philadelphia is sponsoring one of ADF's newest dance classes.



Dance Instructors

American DanceWheels' WheelOne™ syllabus teaches a skill that is new to most dance studios. Dance teachers have the ability to add to their repertoire. It is very social in nature so it can fit in well with existing dance class offerings.

Join the Kick up Your W-heels Initiative

Individuals helping ADF in the creation of a new generation of ballroom and Latin dancers comprised of one dancer using a wheelchair and one able-bodied partner.

Ways You Can Help: *Tax Deductible Donations
*Fundraising *Recruitment *Education
*Events *Grant Writing *Media
*Administration **Call Today and Get Involved!**