

Our History

American DanceWheels is an artistic organization that trains individuals with disabilities, their able-bodied partners, ballroom dance teachers and occupational, physical, and recreational therapists the art of Wheelchair Ballroom and Latin Dancing. Seminars for professional dance teachers and therapists are held so that this method of wheelchair dancing can be taught to wheelchair users in all communities.

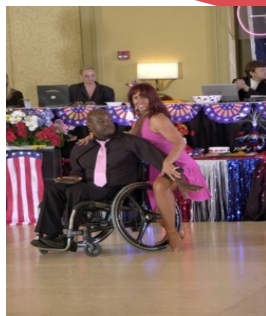
Melinda Kremer and Ray Leight are the creators of American DanceWheels. They were the first Wheelchair Dancesport champions in the USA and the first couple to showcase wheelchair dancing in Canada. Dancing continues to be their passion as they strive to bring Wheelchair Ballroom and Latin Dancing to seated and Standing dance couples everywhere



ADF Demonstration at Kutztown University



ADF Formation Team Performing at Walter Reed Army Medical Center



Kenn Perry and Lisa Bentley Perform at a MOTTEP Event



ADF Students at Widener Memorial School

American DanceWheels is Available for Performances

Our organization has danced for countless audiences with rave reviews coming from people with and without disabilities. Our performers employ the language of dance to break down the social barriers that exist between people with disabilities and the able-bodied world.

EVERYONE CAN DANCE !!!

American DanceWheels Foundation (ADF) is the Home of the First American Style Wheelchair Ballroom and Latin Dance Program in the World

Our mission is to provide people of all ages and abilities the opportunity to partner dance by pairing one person with an ambulatory disability with an able-bodied partner.



American DanceWheels Foundation

Step, Step, Roll, Roll !!

American DanceWheels Foundation, Inc.



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Everyone Can Dance !!!!!

Dance With Us



Join the Kick up Your W-heels Initiative

Individuals helping ADF in the creation of a new generation of ballroom and Latin dancers comprised of one dancer using a wheelchair and one able-bodied partner.

- Ways You Can Help:**
- *Fundraising
 - *Recruitment
 - *Education
 - *Events
 - *Grant Writing
 - *Media
 - *Administration
- Call Today and Get Involved!**

We Want You!

This is REAL PARTNER DANCING using traditional lead and follow. ADF dancers are unique because each couple consists of one person dancing in a manual or power wheelchair and one standing partner, performing the Hustle, Cha-Cha, Rumba, Fox Trot, Tango, and Waltz. Now children, teens, adults, and seniors of all ages and abilities can dance. In fact, those with special interest and talent, can take this social activity to the next level through competition and performance!

Reasons To Dance

- Great **Social Activity**—Meet New Friends
- Increase **Stamina, Coordination, Strength and Posture**
- Build **Confidence**
- Dance Partnerships Promote **Communication and Understanding** Between People With and Without Disabilities
- Steps Can Be Used **Anywhere** People Dance
- Opportunity to Participate in a **Mainstream Activity** That Can be Used Both **Socially and Competitively**

Dancing is Fun!

Wheelchair Ballroom and Latin Dancing is not just for people using wheelchairs. Standing partners are always needed in all of our classes. Join us.

Classes are being held in:

- Delaware
 - New Jersey
 - Pennsylvania
 - Maryland
 - Connecticut
 - Canada
- *With More Locations
Coming Soon!
- Call today for details.
215-588-6671

Our Mission

American DanceWheels Foundation (ADF), a non-profit 501(c)(3) organization, brings wheelchair ballroom and Latin dancing to people with physical disabilities using wheelchairs, part-time or full-time and their able-bodied partners. Unlike other recreational programs for the disabled, like tennis, basketball, or hand-cycling, wheelchair dancing integrates people with and without disabilities by partnering them in a mainstream, creative, and highly social activity that can be used in one's everyday life. Wheelchair dancers learn to dance for social and therapeutic reasons with their able-bodied partners in dance studios, rehabilitation hospitals, and universities and schools.

Our American Style Wheelchair Ballroom and Latin Dance Syllabus is taking the communities of people with and without disabilities by storm! We have developed our written curriculum, WheelOne™, in keeping with the traditional able-bodied dance syllabus, allowing people who use wheelchairs to execute moves with any standing partner they choose.

Jenna Kremer

The Inspiration Behind American DanceWheels Foundation

1985—2007
 We Dance...

